



Spotlight Initiative
To eliminate violence against women and girls

Catalogue of Services

EmPOWERing YOU

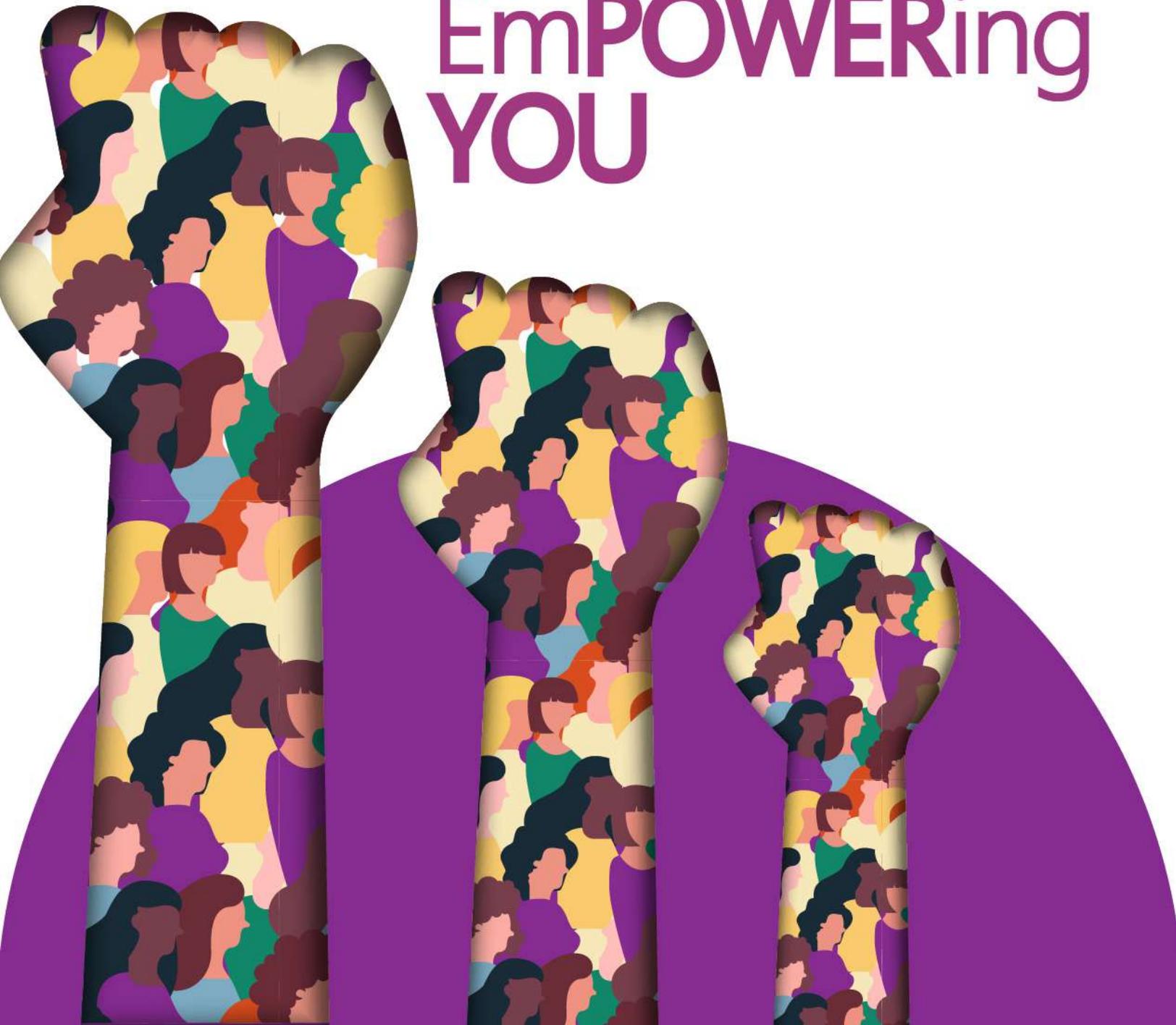


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Disclaimer: The information included in this Catalogue of Services has been compiled with the express consent of and with information provided by the entities showcased herein, except in instances where information has been retrieved from public online sources, which have been clearly indicated. The production of this Catalogue is in no way an endorsement of said services and the UWI-ALJGSB, Spotlight Team, UNFPA and the ILO are not responsible or to be held liable for any damages that may ensue from the use of the services offered by the organisations showcased in this Catalogue.

ACKNOWLEDGEMENTS

The Catalogue of Services was prepared by the University of the West Indies – Arthur Lok Jack Global School of Business (UWI-ALJGSB), as a product of the Spotlight Initiative.

The Spotlight Initiative is a global, multi-year partnership between the European Union and the United Nations, to eliminate all forms of violence against women and girls by 2030. It is the world’s largest targeted effort to end all forms of violence against women and girls. Launched with a seed funding commitment of €500 million from the European Union, the Spotlight Initiative represents an unprecedented global effort to invest in gender equality as a precondition and driver for the achievement of the Sustainable Development Goals. As a demonstration fund for action on the Sustainable Development Goals, the Spotlight Initiative legitimises that a significant, concerted and comprehensive investment in gender equality and ending violence can make a transformative difference in the lives of women and girls.

Principal Authors: UWI – Arthur Lok Jack Global School of Business

Other Contributors: We extend our heartfelt thanks to the non-governmental organisations (NGOs), private and public agencies, whose services are showcased in the Catalogue. Also, special thanks to the entities that have agreed to serve as distribution points, by hosting the Catalogue physically at their location and/or the e-version on their websites and social media platforms.

We are also grateful to the Spotlight Team, without whose guidance this initiative would not be possible. Of special note are Aurora Noguera-Ramkisson and Asiya Mohammed (UNFPA) and Virginia Rose Losada (ILO).

Design and Layout: UWI – Arthur Lok Jack Global School of Business

Translation: Caribbean Interpreting and Translation Bureau, UWI



ACRONYMS

CADV	-	Coalition Against Domestic Violence
CAMDY	-	Caring for Adolescent Mothers and Disadvantaged Youths
CCC	-	Civilian Conservation Corps
CEDAW	-	Convention on the Elimination of all Forms of Discrimination against Women
DV	-	Domestic Violence
EU	-	European Union
FPATT	-	Family Planning Association of Trinidad and Tobago
FSW	-	Female Sex Workers
FV	-	Family Violence
GBV	-	Gender-based Violence
ILO	-	International Labour Organisation
IPV	-	Intimate Partner Violence
LGBTQI	-	Lesbian, Gay, Bisexual, Transgender, Queer and Intersex
NGO	-	Non-Governmental Organisation
OABI	-	Organisation For Abused and Battered Individuals
OJT	-	On-the-Job Training
SDG	-	Sustainable Development Goals
T&T	-	Trinidad and Tobago
THA	-	Tobago House of Assembly
TTPS	-	Trinidad and Tobago Police Service
UN	-	United Nations
UNDP	-	United Nations Development Programme
UNFPA	-	United Nations Population Fund
UN Women	-	United Nations Entity for Gender Equality and the Empowerment of Women
UWI-ALJGSB	-	University of the West Indies – Arthur Lok Jack Global School of Business
VAWG	-	Violence against Women and Girls
WINAD	-	Women's Institute for Alternative Development

ABOUT THE CATALOGUE OF SERVICES

Purpose

The Catalogue of Services acts as a resource guide for victims and survivors of gender-based violence seeking support services to enhance their economic security, and increased autonomy and well-being, thus making them less dependent on their abusive partners. Further, it is a resource for service providers and first responders to have access to information as they respond to individuals and families affected by family violence. The Catalogue will strengthen and complement the existing sources of information that are available to survivors to improve their social, psychological and physical wellbeing. It is hoped that survivors will use the information in the Catalogue to increase their employability and their capacity to generate a higher income.

The Catalogue of Services is a product of the Spotlight Initiative, a global, multi-year programme, funded by the European Union (EU) in collaboration with the United Nations (UN), which is focused on eliminating all forms of violence against women and girls (VAWG) by 2030. In recognition of the high prevalence of family violence, Trinidad and Tobago has been selected to be part of the Spotlight Initiative. The Initiative brings focused attention to violence against women and girls and gender-based violence, moving them into the spotlight, and to the centre of efforts to achieve gender equality and women's empowerment, in alignment with the 2030 Agenda for Sustainable Development. The Spotlight Initiative demonstrates that a significant, concerted and comprehensive investment in gender equality and ending violence can make a transformative difference in the lives of women and girls.

For this first edition of the Catalogue, the Data Collection Team interfaced with more than ninety (90) organisations, fifty-four (54) of which met the selection criteria and submitted their details. These are the entities that have been showcased herein. Data was collected over a three (3) month period, supported by intense marketing campaigns through public advertisement via social media (Facebook, LinkedIn, WhatsApp), referrals and targeted phone calls and emails. Support organisations were also asked to publicise the initiative via their social media outlets and personal networks.

Target Audience(s)

- Female survivors of domestic and family violence; children impacted by family violence (minors between 0 - 17 years)
- Members of other at-risk and marginalised populations such as:
 - Spanish speaking migrants/refugees;
 - Sex workers;
 - The urban and rural poor; the unemployed, uneducated and undereducated
 - Members of the Lesbian, Gay, Bisexual, Transgender, Queer and Intersex (LGBTQI) community; and
 - Persons with Disabilities.

The Catalogue is geared at beneficiaries who meet the above criteria, with emphasis on persons that reside in the target regions of Tunapuna/Piarco, Mayaro/Rio Claro or Tobago. Notwithstanding the prescribed population, this Catalogue can be utilised by anyone to whom the services prove to be beneficial.

How is the Catalogue Organised?

This Catalogue which is available in English and Spanish, showcases the services offered to survivors by fifty four (54) organisations, in the three (3) selected regions. It is colour-coded and categorised by services. The seven (7) categorisations and associated colours are as follows:

- **Green** – Financial Services (eg. financial planning/management; grants)
- **Orange** – Business Development and Entrepreneurship (eg. services geared at own-income generation)
- **Blue** – Life Skills (eg. literacy, numeracy, personal development)
- **Red** - Education and Training (eg. skills training and professional development)
- **Gold** - Networking and Socialisation (i.e. opportunities to connect with community groups, business owners etc.)
- **Purple** – Counselling, Mentoring and Coaching (eg, therapy, psychological support services, support groups)
- **Grey** – Social Services (eg. daycare and aftercare for children, food/hamper distribution, services for refugees and asylum seekers, Government Services (eg food cards, social service grants).

EXPLANATORY NOTES:

1. **Listing of Organisations** – For each organisation, a description of services is included, in addition to contact information, target population, and specific amenities that they offer. In order to avoid duplication, the profiles of the organisations are featured once in the first category under which they qualify. Thereafter, when active in other categories, only the name of the organisation is listed with the corresponding page number of their full profile.
2. **Services available virtually** - In some instances, an organisation may not have a website or social media presence, however they provide virtual services using video conferencing/meeting technologies such as Zoom or Microsoft Teams. Many entities also use WhatsApp to engage their target population. Such scenarios have become increasingly common in light of the COVID 19 pandemic and its attendant restrictions.
3. **Services for Sex Workers and the LGBTQI Community** – although many of the organisations in this Catalogue may not provide targeted services for these groups, they are guided by the principle of non-discrimination and as such, their services are available to all, regardless of sexual orientation or preferences.

Accessing the Catalogue:

The Catalogue is available in print to survivors of domestic violence, at the premises of various partner entities in Mayaro/Rio Claro, Tunapuna/Piarco and Tobago. These specific organisations can be identified by checking the **Quick Reference Guide** on page 9.

Physical copies are also available at the following venues in the three target communities:

- Police Stations
- Health Facilities
- Regional Corporations
- Houses of Worship eg. churches, mandirs and masjids in the selected regions
- Major Supermarkets in the selected regions eg. Tru Valu - Trincity

E-versions of the Catalogue can be accessed online, on the websites and/or social media pages of dissemination partners, which include:

- The Ministry of Sport and Community Development
- Women's Shelters
- Rape Crisis Society
- United Nations Trinidad & Tobago, UNFPA, ILO and UN Women
- Members of the Spotlight Initiative Civil Society National Reference Group

A complete list of dissemination partners will be made available via social media once finalised.

Future Editions of the Catalogue

Organisations and persons wishing to be part of future editions of the Catalogue and/or dissemination efforts are invited to send an email to the Spotlight Initiative Coordination Team at rcotrinidadandtobago@un.org to be added to a contact list. The developers of the new edition will contact all interested parties in due time.

QUICK REFERENCE GUIDE

LEGEND: Financial Services Business Development and Entrepreneurship Life Skills Education and Training Networking and Socialisation Counselling, Mentoring, Coaching Social Services	Y	Yes
	N	No
	P	Paid
	F	Free
	PF	Paid and Free

CATEGORISATIONS/ORGANISATIONS	REGIONS				SERVICES										PAGE
	National	Mayaro/ Rio Claro	Tunapuna/ Piarco	Tobago	Distribution Partner	Paid/Free	Persons w/Disabilities	Spanish	Sign Language	Virtual Services	Migrants/ Refugees	Children	Sex Workers	LGBTQI	
Caring for Adolescent Mothers and Disadvantaged Youths					Y	F	Y	Y	N	Y	Y	Y	N	N	14
Conflict Women					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	15
The Division of Health, Wellness and Family Development (THA)					N	F	Y	N	N	Y	N	Y	Y	Y	16
The Lily Foundation for Human Development					N	PF	N	N	N	Y	Y	Y	N	Y	17
Youth Business Trinidad and Tobago					Y	PF	N	N	N	Y	N	N	N	Y	18
Caring for Adolescent Mothers and Disadvantaged Youths					Y	F	Y	Y	N	Y	Y	Y	N	N	14
Conflict Women					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	15
Greenvale Park Police Youth Club					Y	PF	N	N	N	Y	N	Y	N	N	20
National Centre for Persons with Disabilities					Y	PF	Y	N	Y	Y	N	Y	N	N	21
Network of NGOs of T&T for the Advancement of Women					Y	PF	N	N	N	Y	N	Y	N	N	22
Network of Rural Women Producers					Y	PF	N	N	N	Y	N	Y	N	N	23
Youth Business Trinidad and Tobago					Y	PF	N	N	N	Y	N	N	N	Y	18
Adult Literacy Tutors Association					N	PF	Y	N	N	Y	N	N	N	N	26
Caring for Adolescent Mothers and Disadvantaged Youths					Y	F	Y	Y	N	Y	Y	Y	N	N	14
Civilian Conservation Corps (CCC)					N	F	Y	N	N	N	N	Y	Y	Y	27
National Centre for Persons with Disabilities					Y	PF	Y	N	Y	Y	N	Y	N	N	21
Network of Rural Women Producers					Y	PF	N	N	N	Y	N	Y	N	N	23
Rio Claro Police Community Council					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	28
SERVOL Limited					Y	PF	Y	N	N	Y	N	Y	N	N	30
The Lily Foundation for Human Development					N	PF	N	N	N	Y	Y	Y	N	Y	17
Women Working for Social Progress (Working Women)					N	F	N	Y	N	Y	N	Y	N	N	31
Coalition Against Domestic Violence					N	F	N	N	N	Y	N	Y	Y	Y	34
CEDAW Committee of Trinidad and Tobago					Y	PF	Y	Y	Y	Y	Y	Y	Y	Y	36
COMTALK International					Y	PF	Y	N	N	Y	N	Y	N	Y	35
Family Planning Association of TT					Y	PF	Y	Y	N	Y	Y	Y	Y	Y	37

CATEGORISATIONS/ORGANISATIONS	REGIONS				SERVICES										PAGE
	National	Mayaro/ Rio Claro	Tunapuna/ Piarco	Tobago	Distribution Partner	Paid/Free	Persons w/Disabilities	Spanish	Sign Language	Virtual Services	Migrants/ Refugees	Children	Sex Workers	LGBTQI	
Kernaham/Cascadoux Women's Group					Y	F	N	N	N	N	Y	Y	Y	Y	38
Living Water Community					Y	F	N	Y	N	Y	Y	Y	N	Y	39
National Centre for Persons with Disabilities					Y	P	Y	N	Y	Y	N	Y	N	N	21
On the Job Training (Ministry of Labour)					N	F	Y	N	Y	Y	N	Y	Y	Y	40
Organization For Abused and Battered Individuals					Y	PF	Y	N	Y	Y	Y	Y	N	N	41
Rape Crisis Society					Y	PF	Y	Y	N	Y	Y	Y	Y	Y	42
Roxborough Police Youth Club					Y	PF	Y	N	N	Y	Y	Y	N	N	43
SERVOL Limited					Y	PF	Y	N	N	Y	N	Y	N	N	30
SWAHA Inc.					Y	PF	Y	N	N	Y	Y	Y	Y	Y	44
The Opening Lotus					Y	P	N	Y	Y	Y	Y	Y	Y	Y	45
WOMANTRA					N	PF	N	N	N	Y	Y	N	Y	Y	47
Women's Institute for Alternative Development (WINAD)					N	PF	N	Y	N	N	Y	N	N	Y	48
Youth Business Trinidad and Tobago					Y	PF	N	N	N	Y	N	N	N	Y	18
Biche Village Council					Y	PF	N	N	N	N	N	Y	N	N	52
Care Helpers Organisation of T&T					Y	F	Y	N	Y	Y	Y	Y	Y	N	53
Conflict Women					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	15
Greenvale Park Police Youth Club					Y	PF	N	N	N	Y	N	Y	N	N	20
Kernaham/Cascadoux Women's Group					Y	F	N	N	N	N	Y	Y	Y	Y	38
Organization For Abused and Battered Individuals					Y	PF	Y	N	Y	Y	Y	Y	N	N	41
Roxborough Police Youth Club					Y	PF	Y	N	N	Y	Y	Y	N	N	43
Stand Together Women's Group					Y	F	Y	N	N	Y	N	Y	N	N	54
WOMANTRA					N	PF	N	N	N	Y	Y	N	Y	Y	47
Women's Institute for Alternative Development (WINAD)					N	PF	N	Y	N	N	Y	N	N	Y	48
CAYENNE Forensic Psychological Consultancy					N	P	N	N	N	Y	N	Y	Y	Y	57
Childline					N	F	N	Y	N	Y	Y	Y	N	Y	58
Community Mediation Services Division					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	59
COMTALK International					Y	PF	Y	N	N	Y	N	Y	N	Y	35
Counselling Matters Ltd.					Y	P	N	N	N	Y	N	Y	N	N	61
Domestic Violence Survivors Reaching Out					Y	PF	N	N	N	N	N	Y	N	N	62
Douglas & Associates					Y	P	Y	N	Y	Y	Y	Y	Y	Y	63
Global Network for the Advancement of Single Mothers					N	PF	N	Y	N	Y	N	Y	N	N	64
Laura Lalla, Counselling Psychologist					Y	P	N	N	N	Y	N	Y	N	Y	65
MK Psychological and Consultancy Services					N	PF	Y	N	N	Y	Y	Y	Y	Y	66
Nicholas Voisin Counselling Services					N	PF	N	N	N	Y	N	N	N	N	67
Office of the Prime Minister (Gender and Child Affairs Division)					N	F	Y	N	N	Y	N	Y	Y	Y	68
Organization For Abused and Battered Individuals					Y	PF	Y	N	Y	Y	Y	Y	N	N	41

CATEGORISATIONS/ORGANISATIONS	REGIONS				SERVICES										PAGE
	National	Mayaro/ Rio Claro	Tunapuna/ Piarco	Tobago	Distribution Partner	Paid/Free	Persons w/Disabilities	Spanish	Sign Language	Virtual Services	Migrants/ Refugees	Children	Sex Workers	LGBTQI	
People Against Domestic Abuse					Y	F	N	Y	N	Y	Y	Y	N	Y	69
Positive Insights					Y	PF	Y	Y	N	Y	Y	Y	Y	Y	70
Rape Crisis Society					Y	PF	Y	Y	N	Y	Y	Y	Y	Y	42
Rio Claro Police Community Council					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	28
Rio Claro Sporting and Leisure Foundation					Y	F	N	N	N	Y	N	Y	N	N	71
Sherry Ann Turton, Chartered Psychologist					Y	PF	N	N	N	Y	N	Y	N	N	73
Silver Lining Counselling Services					Y	P	N	N	N	Y	N	N	N	Y	74
Stand Together Women's Group					Y	F	Y	N	N	Y	N	Y	N	N	54
Student Support Services Division (Ministry of Education)					N	F	Y	N	Y	Y	N	Y	Y	Y	75
The Healing with Horses Foundation					Y	PF	Y	Y	N	N	N	Y	N	N	76
The Lily Foundation for Human Development					N	PF	N	N	N	Y	Y	Y	N	Y	17
The Opening Lotus					Y	P	N	Y	Y	Y	N	Y	Y	Y	45
Therapeutic Spaces Counselling and Psychotherapy Ltd.					Y	PF	N	N	N	Y	Y	Y	Y	Y	77
VSG Psychological Services					Y	P	N	N	N	Y	N	Y	Y	Y	78
Wendy Jeremie, Clinical Psychologist/Certified Mediator					N	PF	Y	N	N	Y	Y	Y	Y	Y	79
WOMANTRA					N	PF	N	N	N	Y	Y	N	Y	Y	47
Women's Institute for Alternative Development (WINAD)					N	PF	N	Y	N	N	Y	N	N	Y	48
Women of Substance					Y	F	N	N	N	Y	Y	Y	N	N	80
Biche Village Council					Y	PF	N	N	N	N	N	Y	N	N	52
Care Helpers Organisation of T&T					Y	F	Y	N	Y	Y	Y	Y	Y	N	53
Caring for Adolescent Mothers and Disadvantaged Youths					Y	F	Y	Y	N	Y	Y	Y	N	N	14
Community Mediation Services Division					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	59
Domestic Violence Survivors Reaching Out					Y	F	N	N	N	N	N	Y	N	N	62
Global Network for the Advancement of Single Mothers					N	PF	N	Y	N	Y	N	Y	N	N	64
Greenvale Park Police Youth Club					Y	PF	N	N	N	Y	N	Y	N	N	20
Kernaham/Cascadoux Women's Group					Y	F	N	N	N	N	Y	Y	Y	Y	38
People Against Domestic Abuse					Y	F	N	Y	N	Y	Y	Y	N	Y	59
Rio Claro Police Community Council					Y	F	Y	Y	Y	Y	Y	Y	Y	Y	28
Rio Claro Sporting and Leisure Foundation					Y	F	N	N	N	Y	N	Y	N	N	71
SWAHA Inc.					Y	PF	Y	N	N	Y	Y	Y	Y	Y	44
The Community Hope					Y	F	Y	N	N	N	N	Y	N	N	83
The Lily Foundation for Human Development					N	PF	N	N	N	Y	Y	Y	N	Y	17
The Opening Lotus					Y	P	N	Y	Y	Y	N	Y	Y	Y	45
Women of Substance					Y	F	N	N	N	Y	Y	Y	N	N	80

EMERGENCY CONTACT NUMBERS

Ambulance	811
Anti-Crime Hotline	555
Children's Authority Hotline	996 or 800-2014
Commissioner of Police	482 GARY (4279)
Counter Trafficking Unit Hotline	800-4288
Crime Stoppers	800 - TIPS (8477)
Domestic Violence Hotline	800-SAVE (7283)
Emergency	911
Emergency Relief (Tobago)	211
Fire	990
Gender Based Violence Unit	999, 555 or TTPS App
LIFELINE (Suicide Prevention Hotline)	800-5588/866-5433
Police	999
Rape Crisis Society (POS/San F'do)	627-7273/657-5355
Sexual Offences Unit	999, 555 or TTPS App

Financial Services



CARING FOR ADOLESCENT MOTHERS AND DISADVANTAGED YOUTH, TOBAGO CHAPTER

Type of Organisation: NGO

Services Offered:

- One on one sessions to sensitise participants about gender issues such as domestic violence
- Referral of young adults to institutions that provide free life skills training with a stipend and personal development
- Referral of parents to workshops for personal development, organised by other institutions
- Financial literacy programmes
- Business Start-up assistance
- Provision of mobility aids
- Food Drives for families
- Donation of toys, educational books, and bags for children for Christmas

Target Audience: Single parents (male and female); adolescent mothers; the elderly; persons with disabilities; displaced persons; fire and natural disaster victims.

Region: Tobago

Point of Contact:

Ms. Curlene De Gannes

Founder

2 Mt. Gomery Local Road, Tobago

curlene502@yahoo.com or

curlenedegannes4@gmail.com

1 (868) 764-3105

Website: None

Social Media Handles:

- Facebook - @CAMDYTobagoChapter

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



CONFLICT WOMEN LTD

Type of Organisation: Private

Services Offered:

- Business development and conflict transformation workshops
- Provision of access to a Survivor Entrepreneurship Network
- Mentorship from leading entrepreneurs
- Seed capital to expand existing businesses/ launch business ideas
- Opportunity to pitch business ideas to various panels
- Food hampers (specifically for COVID-19)
- Pathway referrals for counselling, shelters, police, etc.

Target Audience: Rape and domestic violence survivors throughout Trinidad and Tobago

Region: National

Point of Contact:

Ms. Asiya Mohammed
 Chief Executive Officer
 1 (868) 721 9852
info@conflictwomen.com

Website: www.conflictwomen.com

Social Media Handles:

- Facebook: @conflictwomen
- Instagram: @conflictwomen

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	





THE DIVISION OF HEALTH, WELLNESS AND FAMILY DEVELOPMENT (TOBAGO HOUSE OF ASSEMBLY)

Type of Organisation: Public

Services Offered:

- Counselling (Substance Abuse, Therapeutic, Family)
- Grant Funding for organisations
- Public Assistance Grants
- Domestic Violence Intervention

Target Audience: Nationals of Tobago

Region: Tobago

Point of Contact:

Ms. Cherryl Ann Solomon
 Administrator
 Habib Building,
 Wilson Road,
 Scarborough Tobago
 1 (868) 639-3395
administrator@gov.tt

Website: <https://www.tha.gov.tt/divisions/dhwfd/>

Social Media Handles:

- Facebook: @divisionofhealth

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



THE LILY FOUNDATION FOR HUMAN DEVELOPMENT

Type of Organisation: NGO

Services Offered:

- Training Programmes eg. Financial Literacy and Management
- Combatting Gender-based Abuse/Violence Programme
- Mental Wellness Support Programme
- Social Support programmes – eg. grocery hampers, assistance with school supplies

Target Audience: Youth; parents; women and girls

Region: Tobago

Point of Contact:

Ms. Glendora Lashley
 Managing Director
 P.O Box 1129, Bon Accord, Tobago
 1 (868) 378-3657
thelilyfoundationfhd@gmail.com

Website: www.thelilyfoundation.weebly.com

Social Media Handles:

- Facebook: @TLFHD
- Instagram: @theLilyFoundationFHD
- YouTube: TheLilyFoundationFHD
- Twitter: @LilyFoundation
- LinkedIn: The Lily Foundation for Human Development

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community	√	



YOUTH BUSINESS TRINIDAD AND TOBAGO

Type of Organisation: NGO

Services Offered:

- Business Management Training programmes
- Business Mentorship
- Incubator and Accelerator programmes
- Loan Provisions

Target Audience: Youth (18 to 35 years)

Region: National

Point of Contact:

Mr. Shedron Collins
 General Manager
 Shop 360, Ground Floor East,
 Center Pointe Mall,
 Ramsaran Street, Chaguanas
 1 (868) 480-5366
entrepreneur@ybtt.org

Website: www.ybtt.org

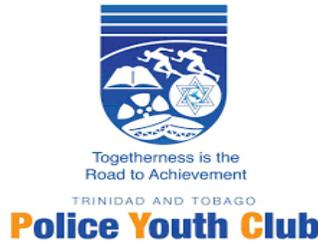
Social Media Handles:

- Facebook: @yourybtt
- Instagram: @youthbusinessstt
- LinkedIn: Youth Business Trinidad and Tobago

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence		√
For Sex Workers		√
For the LGBTQI Community	√	

Business Development & Entrepreneurship





GREENVALE PARK POLICE YOUTH CLUB

Type of Organisation: NGO

Services Offered:

- Positive Youth Engagement Initiatives (developmental programmes, skill-based programmes, community, sport and environment-based initiatives)
- Conflict resolution for minor domestic situations
- Entrepreneurship programmes

Target Audience: Youth (5 – 29 years); adults in need of support

Region: Tunapuna/Piarco

Point of Contact:

Ms. Susan Peters-Sorzano
 President
 #384 Alpha Avenue, Greenvale Park,
 La Horquetta
 1 (868) 757-9865
greenvaleparkpyc@outlook.com

Website: None

Social Media Handles:

- Facebook: Greenvale Park Police Youth Club

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



NATIONAL CENTRE FOR PERSON WITH DISABILITIES

Type of Organisation: NGO

Services Offered:

- Vocational Rehabilitation
- Skills Training
- Business Services
- Consultancy Services

Target Audience: Persons with Disabilities

Region: National

Point of Contact:

Ms. Kahaya Puckerin

Principal

7-21 New Street San Fernando

1 (868) 652-4880

ncpd1@hotmail.com

Website: <https://www.ncpdt.org/>

Social Media Handles:

- Facebook - @ncpdt

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



NETWORK OF NON-GOVERNMENTAL ORGANISATIONS OF TRINIDAD AND TOBAGO FOR THE ADVANCEMENT OF WOMEN

Type of Organisation: NGO

Services Offered:

- Gender Based Violence Awareness Training
- Training in Business Development for Women
- Plans for training community entrepreneurs to establish bakeries and provide specialised breads from cassava and sweet potato.

Target Audience: Women and Girls

Region: National

Point of Contact:

Ms. Jacqueline Burgess

Interim Coordinator

11-13 FitzBlackman Drive, Units 105-106,

Wrightson Road, Woodbrook

1 (868) 627-4807 or 678-7549

networkngott@gmail.com

Website: <http://networkngott.com>

Social Media Handles:

- Facebook: @networkofngos

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



NETWORK OF RURAL WOMEN PRODUCERS

Type of Organisation: NGO

Services Offered:

- Skills training for rural women
- Small business development for persons interested in starting their own business

Target Audience: Rural women

Region: National

Point of Contact:

Ms. Gia Gaspard Taylor
 President
 c/o 18 Sixth Street, Cazabon Gardens, Trincity
 1 (868) 640-9141/683-4251
president@nrwptt.net or nrwptt@gmail.com

Website: <http://www.nrwptt.net>

Social Media Handles:

- Facebook: @nrwptt
- Instagram: @nrwptt
- Twitter: @nrwptt

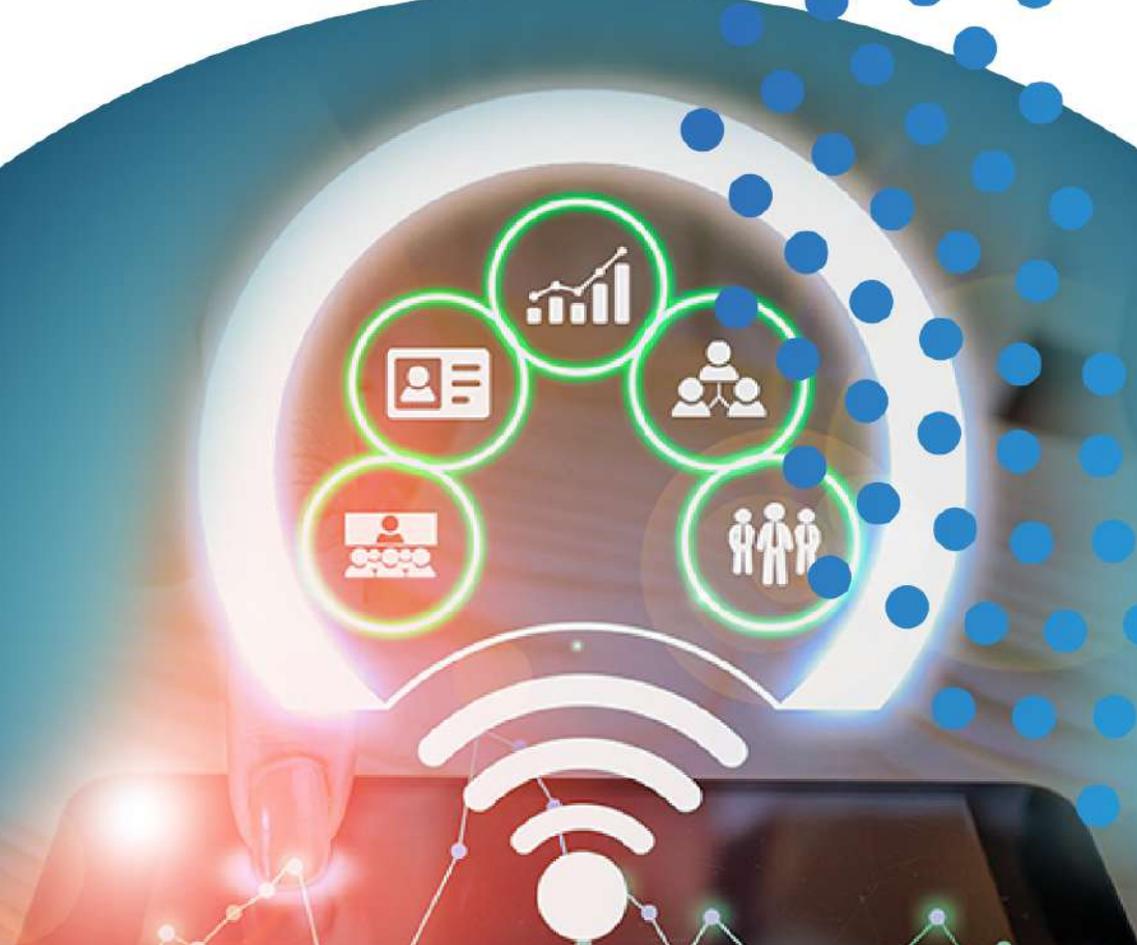
Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

OTHER ORGANISATIONS ACTIVE IN THIS CATEGORY:

For further information and details refer to the pages as indicated below.

- Caring For Adolescent Mothers And Disadvantaged Youth, Tobago – [Page 14](#)
- Conflict Women – [Page 15](#)
- Youth Business Trinidad and Tobago – [Page 18](#)

Life Skills

A hand holding a smartphone. The phone screen displays several icons: a bar chart with an upward arrow, a person with a list, a group of people, and a person with a group of people. A Wi-Fi symbol is also visible. The background is a blue gradient with a pattern of blue dots.

LIFE SKILLS



ADULT LITERACY TUTORS ASSOCIATION (ALTA)

Type of Organisation: NGO

Services Offered:

- Classes at Beginner and Levels 1, 2 and 3
- Spelling Programme which provides targeted spelling interventions for intermediate ALTA Level students (above Level 2)
- Reading Circles, open to all ALTA students to provide supplementary reading practice with a focus on comprehension using the Guided Reading approach
- ALTA/NALIS Youth Lit Programme, which delivers the programme to children aged 10-15 at NALIS libraries across Trinidad

Target Audience: Persons aged 16 and over interested in improving their reading and writing

Region: National

Point of Contact:

Ms. M'aisha Thomas
 Resource Development Manager
 84 Belmont Circular Road, Belmont
 1 (868) 624-2582
maishat@alta-tt.org

Website: www.alta-tt.org

Social Media Handles:

- Facebook: @alta.trinidad
- Instagram: @alta_tt
- Twitter: @alta_tt

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence		√
For Sex Workers		√
For the LGBTQI Community		√



CIVILIAN CONSERVATION CORPS (CCC)

Type of Organisation: Public

Services Offered: CCC caters for young citizens of Trinidad and Tobago, by offering a six month programme which is modelled along the lines of Lewin’s Theory of Change.

Programmes include:

- Life Skills Training
- Physical Training and Sports
- Job/Skills Training: Electrical, Child Care, Cosmetology, Culinary Arts, Geriatric Nursing, Computer Repairs, IP Camera Installation, Adult Literacy, Agriculture and Conservation, Personal Fitness Trainers Course

Target Audience: Youth (16 to 25 years), who are considered ‘youth in need of additional support’

Region: National

Point of Contact:

Mr. Ronny Gollop
 Public Relations and Marketing Manager
 #1 Beetham Gardens, Port of Spain
 1 (868) 689-5266
cccprmarketing@gov.tt

Website: <https://ccc.sysptt.org/>

Social Media Handles:

- Facebook: @civilianconservationcorps
- Instagram: @civilianconservationcorps

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually		√
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



RIO CLARO POLICE COMMUNITY COUNCIL

Type of Organisation: NGO

Services Offered:

- Counselling and Mediation
- Aid to migrant families and children
- Subsistence assistance for families in need in Rio Claro and environs
- Emergency lodging and accommodation for victims of domestic violence
- Agricultural development initiatives and incentives
- Domestic violence rallies and sensitisation
- Spanish to English translation for interventions with migrant families
- Sign language interpretation to facilitate reports to the Police by mute members of the community
- Aid for Persons with disabilities in the community
- Career Fair and skill set programmes
- Collaborative social outreach with members of Trinidad and Tobago Coast Guard
- Referral to Alcoholic Anonymous and Narcotics Anonymous

Target Audience: General public; migrants; youth; domestic violence victims; special-needs persons; socially-displaced persons.

Region: Rio Claro

Point of Contact:

PC Jason Archibald

Rio Claro Police Station

1 Guayaguayare Road Rio Claro

1 (868) 644-2332 ext. 2001/322-4124

avenash1234@gmail.com

Website: None

Social Media Handles:

- Facebook: Rio Claro Police Community Council

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



SERVOL LIMITED

Type of Organisation: NGO

Services Offered:

- Skills Training for Youth (16 – 23 years)
- ECCE Training (for persons 18 years and older)
- Parent Outreach Programme
- Junior Life Centres
- Adolescent Development Training
- Special School (for Persons with Disabilities, within age requirements)

Target Audience: Adolescents and youth

Region: National

Point of Contact:

Mr. Renrick Daniel
 Public Relations Officer,
 91 Fredrick Street, Port of Spain
 1 (868) 623 1632 Ext 228
renrickdaniel@hotmail.com

Website: www.servoltt.com

Social Media Handles:

- Facebook: @servoltt
- Twitter: @servoltt

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



Workingwomen

WOMEN WORKING FOR SOCIAL PROGRESS (WORKING WOMEN)

Type of Organisation: NGO

Services Offered:

- Drop-in-Centre: counselling and other support services
- School of Alternative Education – Language Training, Community Outreach, Workshops on Domestic Violence Awareness, Parenting For Peace.

Target Audience: Women; families

Region: National

Point of Contact:

Ms. Jacqueline Burgess

Convenor

14 Niles Street, Tunapuna

1 (868) 663-9509 or 225-6551

Email: workingwomen85@gmail.com

Website: None

Social Media Handles:

- Facebook: Women Working for Social Progress

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

OTHER ORGANISATIONS ACTIVE IN THIS CATEGORY:

For further information and details refer to the pages as indicated below.

- Caring for Adolescent Mothers and Disadvantaged Youth - [Page 14](#)
- National Centre for Persons with Disabilities - [Page 21](#)
- Network of Rural Women Producers - [Page 23](#)
- The Lily Foundation for Human Development - [Page 17](#)

Education & Training





COALITION AGAINST DOMESTIC VIOLENCE (CADV)

Type of Organisation: NGO

Services Offered:

- Lobbying and Advocacy for human rights issues
- Social work interventions
- Victim support, especially through counselling
- Public Education Campaigns
- Educational aid to victims of domestic and gender-based violence
- Witness support and legal aid services
- Prevention programmes
- Certified GBV Training
- Batterer Intervention Programme

Target Audience: Survivors of Domestic Violence

Region: National

Point of Contact:

Ms. Sabrina Mowlah-Baksh
 General Manager
 #1 Robinson Ville, Belmont
 1 (868) 624-0402
cadvtt@gmail.com

Website: coalitionagainstdomesticviolence.org

Social Media Handles:

- Facebook: @TheCADV

Services:	Yes	No
Paid		✓
Free	✓	
For Persons with Disabilities		✓
Available in Spanish		✓
Sign Language		✓
Available Virtually	✓	
For Migrants/Refugees		✓
For Children of Family Violence	✓	
For Sex Workers	✓	
For the LGBTQI Community	✓	



COMTALK INTERNATIONAL

Type of Organisation: NGO

Services Offered:

- Training/Workshops on sexuality, family life, HIV/AIDS
- Outreach Programmes
- Rapid Testing
- Counselling and Psychological Support
- Income Generation programmes
- Referrals to other organisations to seek medical/social support

Target Audience: Primarily youth (12 – 35 years), however persons of all ages are served.

Region: National

Point of Contact:

Ms. Beverly King
 Director / Programme Coordinator
 #35 Mango Avenue, Santa Rosa Heights, Arima
 1 (868) 743 9977
beverly.leizle@gmail.com or comtalkint@gmail.com

Website: None

Social Media Handles:

- Whatsapp: 743-9977

Services:	Yes	No
Paid	✓	
Free	✓	
For Persons with Disabilities	✓	
Available in Spanish		✓
Sign Language		✓
Available Virtually	✓	
For Migrants/Refugees		✓
For Children of Family Violence	✓	
For Sex Workers		✓
For the LGBTQI Community	✓	



CONVENTION FOR THE ELIMINATION OF ALL FORMS OF DISCRIMINATION AGAINST WOMEN (CEDAW) COMMITTEE OF TRINIDAD AND TOBAGO

Type of Organisation: NGO

Services Offered:

Sensitisation Training on:

- Gender (including Sexual Harassment, Harmful Stereotypes and Norms)
- Human Rights
- Convention for the Elimination of all forms of Discrimination Against Women and its articles

Target Audience: Community organisations; public and private sector entities; educational institutions, inclusive of secondary schools and auxiliary institutions.

Region: National and Regional

Point of Contact:

Ms. Terry D. Ince

Convener

87 Woodford Street, Newtown, Port-of-Spain

1 (868) 225 7734 / 489 2185

info@cedawtt.org

Website: www.cedawtt.org

Social Media Handles:

- Facebook: @TTCEDAWChamps
- Twitter: @CCoT_T
- Instagram: tnt_cedaw_champs

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



FAMILY PLANNING ASSOCIATION OF TRINIDAD AND TOBAGO (FPATT)

Type of Organisation: NGO

Services Offered:

- Gender Based Violence Screening, Counselling and Referral Services
- Medical Consultations (General Practitioner)
- Voluntary Counselling and Testing for HIV
- Testing for STIs (Sexually Transmitted Infections) eg. gonorrhoea, syphilis, and chlamydia
- Telehealth Services
- Education Services
- Training in Sexual and Reproductive Health for Registered Nurses
- Training in Comprehensive Sex Education (CSE) for teachers and peer education

Target Audience: Men; women; youth

Region: National

Point of Contact:

Ms. Dona Da Costa Martinez
 Executive Director
 #79 Oxford Street, Port of Spain
 1 (868) 625-6533
ed.fpatt@gmail.com

Website: www.tffpa.org

Social Media Handles:

- Facebook: @fpattnt

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



KERNAHAM/CASCADOUX WOMEN'S GROUP

Type of Organisation: NGO

Services Offered:

- Referrals for families in need of food items
- Safe space for women/children/youth to vent, unwind and share issues
- Short courses via Ministry of Community Development
- Community Advocacy
- Sporting events

Target Audience: Women; youth; children, regardless of age, sex, religion, or any other differences.

Region: Mayaro/Rio Claro, specifically the communities of Kernaham and CascadoUX, Mayaro

Point of Contact:

Ms. Omatee Gadraj-Rampersad
 President
 #24 Kernaham Trace, Mayaro1 (868)
 295-0295
kerncas@yahoo.com

Website: None

Social Media Handles:

- Facebook: @Kerncas

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually		√
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



LIVING WATER COMMUNITY

Type of Organisation: NGO

Services Offered:

- Shelter and limited rental support
- Food support and livelihood assistance
- Case Management services
- Limited conditional cash and financial assistance
- Legal advice and referrals
- Asylum pre-registration services and miscellaneous donations
- Educational services – English as a Second Language (ESL) and Psychosocial Support (PSS) courses
- Psycho-social support
- Mental Health and Psychosocial Support and language training for law enforcement, health professionals and public/private sector workers

Target Audience: Survivors of Sexual and Gender Based Violence (SGBV); At risk women (asylum seekers, refugees and migrants)

Region: National

Point of Contact:

Ms. Laurel Morris
 Protection Advocate for GBV
 109 Frederick Street, Port of Spain
 1 (868) 282-8616
laurel@lwcrefugee.org

Website: lwcrefugee.org or infospott.org

Social Media Handles:

- Facebook: @lwctt

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community	√	



ON-THE-JOB TRAINING DIVISION (MINISTRY OF LABOUR)

Type of Organisation: Public

Services Offered:

- Pre-employment opportunity for a maximum of 24 months for youth between 16 - 35
- Induction into the world of work, acquisition of practical occupational skills and experience within organisations (public and private) in Trinidad and Tobago.

Target Audience: Youth (16 to 35 years)

Region: National

Point of Contact:

Ms. Liesl Thomas

Corporate Communications Officer

OJT Head Office - Corner Chaguanas Main Road and Connector Road, Chaguanas

1 (868) 671-4447 Ext 107

ojthelpdesk@ojt.gov.tt

Website: www.labour.gov.tt

Social Media Handles:

- Facebook: @labourgovtt
- Instagram: @labourgovtt
- Twitter: @labourgovtt
- YouTube: @labourgovtt

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



O.A.B.I.: ORGANISATION FOR ABUSED AND BATTERED INDIVIDUALS

Type of Organisation: NGO

Services Offered:

- Interpersonal and Family Violence Prevention programmes
- Conflict Transformation and Peacebuilding
- Healing-engaged, trauma-informed and evidence-based individual and group education/counselling
- Short-term crisis intervention
- Consciousness-raising and Listening Circles
- Batterers Intervention programmes
- Economic and Leadership Empowerment Education

Target Audience: Youth; women; men; private, public, and religious organisations

Region: National and Regional

Point of Contact:

Ms. Sherna Alexander Benjamin
 Executive Officer
 285 Nautilus Circular, Bonair West, Arouca
 1 (868) 704-1962/238-1274
shernabenjamin@oabivoices.org

Website: None

Social Media Handles:

- Facebook: @Oabiorganization
- Instagram: @oabiorg
- Twitter: @Oabiorg

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√





RAPE CRISIS SOCIETY OF TRINIDAD AND TOBAGO INC

Type of Organisation: NGO

Services Offered:

- Free and confidential counselling for individuals, family, groups
- Educational outreach workshops
- Training workshops on sexual and domestic violence

Target Audience: Vulnerable populations (nationals and non-nationals) eg. survivors of rape, child sexual abuse, incest and domestic and gender-based violence

Region: National

Point of Contact:

Ms. Marian Taylor

President

#1 Robinson Ville, Belmont

1 (868) 627-7273

rapecrisisocietytt@gmail.com

Website: None

Social Media Handles:

- Facebook: @rapecrisisocietytt
- Instagram: @rapecrisisociety

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



ROXBOROUGH POLICE YOUTH CLUB

Type of Organisation: NGO

Services Offered:

- Educational Services (eg. homework centres for primary and secondary school students)
- Advocacy on behalf of young girls and the elderly and against the use of marijuana by youth
- Sports and cultural activities
- Environmental activities (eg. waste removal initiatives, river preservation and turtle conservation)
- Agricultural activities (eg. organic greenhouse farming using hydroponic technology)

Target Audience: Girls and the elderly in the Roxborough Community and environs

Region: Tobago

Point of Contact:

Mr. Collis Hazel

President

#24 Bloody Bay Road, Roxborough, Tobago

1 (868) 750-2727/360-7272

snrsupthazel@gmail.com

Website: <https://roxboroughyouthclub.weebly.com/>

Social Media Handles:

- Facebook: @rpyctobago

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



SWAHA INC

Type of Organisation: NGO

Services Offered:

- Children’s Home
- Education and Training programmes
- Workshops and Seminars (expert guided)
- Information and panel discussions on SWAHA owned ieTV

Target Audience: Youth; females; displaced and low socio-economic status communities

Region: National

Point of Contact:

Pundit Jaidath Maharaj
 President
 #19 Chootoo Street, Aranjuez, San Juan (HQ)
 1 (868) 470 – 8103
mjaidath@gmail.com

Website: <https://www.swahainternational.org/>

Social Media Handles:

- Facebook: @SWAHAIInternational

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		
For the LGBTQI Community	√	



THE OPENING LOTUS

Type of Organisation: Private

Services Offered:

- Mental Health Counselling
- Training in Mental Health Issues
- Family Mediation
- Civil Mediation
- Consultancy
- Restorative Justice Services

Target Audience: Children (from 5 years old); adolescents; youth offenders; adults; the elderly; men (focus on stress management); women (focus on women’s empowerment); persons in alternative/residential care (foster care, adoptive care, shelters/safehouses, children’s homes, homes for the elderly, prisons)

Region: National

Point of Contact:

Ms. Amanda Ackbarali-Ramdial
 Director
 Corner Bharat and Centenary Street, Tunapuna
 1 (868) 491-2840
theopeninglotus@gmail.com

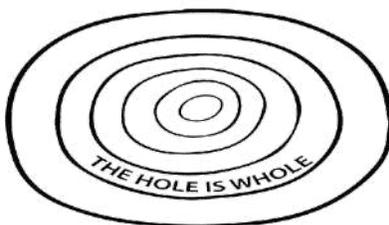
Website: None

Social Media Handles:

- Facebook: @theopeninglotus
- Instagram: @theopeninglotus

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	

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WOMANTRA

Type of Organisation: NGO

Services Offered:

- Legal Clinic
- Mentorship for young feminists
- Public Education/Advocacy Workshops on women's rights and gender justice
- Publication of *Journey to Justice: A Survivor's Handbook*
https://issuu.com/eclaccaribbean/docs/cvcc_booklet_2020
- Professional development and mentorship for women and girls

Target Audience: Young women and girls

Region: National

Point of Contact:

Ms. Safiyah Acosta
 Community Outreach Officer
 #1 Robinson Ville, Belmont, Port of Spain
 1 (868) 718-6626
admin@womantra.org

Website: www.womantra.org

Social Media Handles:

- Facebook @holeiswhole
- Twitter @holeiswhole
- Instagram @holeiswhole
- YouTube: WOMANTRA

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence		√
For Sex Workers	√	
For the LGBTQI Community	√	



WOMEN'S INSTITUTE FOR ALTERNATIVE DEVELOPMENT (WINAD)

Type of Organisation: NGO

Services Offered:

- Research
- Advocacy
- Social policy analysis
- Community Empowerment projects
- Legal support to migrants
- Training and mentoring for women and girls
- International lobbying

Target Audience: Women and girls (primarily); men and boys; non-conforming gender identities; underserved communities; the State; inter-governmental organisations.

Region: National and Regional

Point of Contact:

Ms. Folade Mutota
 Executive Director
 P.O. Box 10134 San Juan,
 1 (868) 680-0354
foladem@gmail.com

Website: Under construction

Social Media Handles:

- Facebook: @winad1999
- Twitter @winad1999

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language		√
Available Virtually		√
For Migrants/Refugees	√	
For Children of Family Violence		√
For Sex Workers		√
For the LGBTQI Community	√	

OTHER ORGANISATIONS ACTIVE IN THIS CATEGORY:

For further information and details refer to the pages as indicated below.

- Civilian Conservation Corps - [Page 27](#)
- National Centre for Person with Disabilities - [Page 21](#)
- Network of Non-Governmental Organisations of Trinidad and Tobago for the Advancement of Women - [Page 22](#)
- Youth Business Trinidad and Tobago - [Page 18](#)

OTHER TRAINING AND EMPLOYMENT OPPORTUNITIES

Programme Name	Phone	Website
Adult Education Programme	623-2608 ext 1241/2	https://www.social.gov.tt/adult-education/
Helping You Prepare for Employment (HYPE)	663-4642	https://www.mic.co.tt/index.php?page/hype
Military-led Academic Training Programme (MILAT)	646-4528 646-0407	https://milat.sysptt.org/
Multi-Sector Skills Training Programme (MuST)	663-4642	https://www.mic.co.tt/index.php?page/must
The Military-Led Youth Programme of Apprenticeship and Reorientation Training (MYPART)	636- 8315/7944 ext 301	https://nesc2020.hbc.services/one-nesc/mypart
National Employment Service	299-0300	https://www.labour.gov.tt/employment/nes
National Skills Development Programme (NSDP)	663-4642	https://www.mic.co.tt/page/journeyman-programme
YTEPP Limited	672-5411 672-YTEP	https://www.ytepp.edu.tt/

Note: The information above was retrieved from the respective websites as at December 13th 2020.

Networking & Socialisation



BICHE VILLAGE COUNCIL**Type of Organisation:** NGO**Services Offered:**

- Centre Rental
- Social interaction with surrounding communities through sports & fundraisers
- Accommodation for Government programmes and private educational or skill classes
- Assistance to families in need in the community (eg. food hampers, clothing, assistance with funerals)
- Assistance to children in need to obtain uniforms
- Lobbying of Ministries on behalf of residents

Target Audience: Children, youth, elderly and those who seek assistance**Region:** Rio Claro/Mayaro**Point of Contact:**

Ms. Hazel Wallace

President

Baptiste Street Settlement, Biche

1 (868) 490 5966

Email: hazelwall868@hotmail.com**Website:** None**Social Media Handles:** None

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually		√
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



CARE HELPERS ORGANISATION OF TRINIDAD AND TOBAGO

Type of Organisation: NGO

Services Offered:

- Promoting increased public awareness about Cerebral Palsy
- Advocating for positive change in public assistance/social services rendered by state agencies
- Providing an effective support network for persons living with Cerebral Palsy and their caregivers
- Extending assistance to persons living with Cerebral Palsy and their caregivers

Target Audience: Persons with cerebral palsy (from newborn to adults); persons with other disabilities; families that cannot afford medical care for their children.

Region: Tunapuna/Piarco

Point of Contact:

Ms. Michelle Lashley-Bisram
 Chief Coordinator/President
 Lp#52 Calliste Trace, Mausica Road, D’Abadie
 1 (868) 709-9033
carehelpersorganisationtt@gmail.com

Website: <https://www.carehelpersorgtt.com/>

Social Media Handles:

- Facebook – Care Helpers Organisation of T & T

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community		√

Stand Together Women's Group



Together we stand.

STAND TOGETHER WOMEN'S GROUP

Type of Organisation: NGO

Services Offered:

- Group Counselling Chats with abused women
- Community Awareness walks
- One on one chats with abused women

Target Audience: All women who have been, are in or are trying to get out of an abusive relationship

Region: Mayaro/Rio Claro

Point of Contact:

Ms. Roxanne Omalo

Founder

42 Chestnut Ave Mayaro

1 (868) 482-6214

trinbagoreign2500@gmail.com

Website: None

Social Media Handles:

- Facebook: Stand Together Women's Group

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

OTHER ORGANISATIONS ACTIVE IN THIS CATEGORY:

For further information and details refer to the pages as indicated below.

- Conflict Women - [Page 15](#)
- Greenvale Park Police Youth Club - [Page 20](#)
- Kernaham/Cascadoux Women's Group - [Page 38](#)
- Organisation for Abused and Battered Individuals - [Page 41](#)
- Roxborough Police Youth Club - [Page 43](#)
- WOMANTRA - [Page 47](#)
- Women's Institute for Alternative Development (WINAD) - [Page 48](#)

Counselling, Mentoring & Coaching





CAYENNE FORENSIC PSYCHOLOGICAL CONSULTANCY

Type of Organisation: Private

Services Offered:

- Counselling
- Critical Incident Stress Debriefing
- Psycho-education
- Psychological Evaluation (Clinical; Forensic; Fit for Duty; Firearm Users' Licence; Pre-Employment)

Target Audience: Civilians and law enforcement members in need of clinical and forensic psychological services.

Region: National

Point of Contact:

Ms. Britteney Cayenne
 Forensic Psychologist-Law Enforcement Specialisation
 Point Fortin (School Road); San Fernando
 (Corner of Drayton and Rushworth Streets);
 Curepe (17 McDowell Street)
 1 (868) 491-7636
foren.psych.tt@gmail.com

Website:

<https://cayenne-forensic-psychological-consultancy.business.site/>

Social Media Handles:

- Facebook: @cayenne.foren.psych.tt or @foren.psych.tt
- Instagram: @cayenne.foren.psych.tt

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	

CHILDLINE

Type of Organisation: NGO

Services Offered:

- 24-hour, 365-day Helpline
- Outreach Services to facilitate workshops for schools, youth and community groups, PTAs, children’s residences, etc.
- Counselling Services (face to face and online)
- Webchat from 8:00am to 8:00pm each day, including weekends

Target Audience: Youth (25 and under); parents/guardians; teachers

Region: National

Point of Contact:

Ms. Mary Moonan
 Programme Coordinator
 705-S12, Fernandes Industrial Centre, Laventille
 1 (868) 626-3635
childline@gmail.com

Website: www.childlinett.org

Social Media Handles:

- Facebook: @childlinett
- Twitter: @childline_tt
- Instagram: @childline_tt
- YouTube: ChildLine Trinidad and Tobago

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community	√	



COMMUNITY MEDIATION SERVICES DIVISION (MINISTRY OF SPORT AND COMMUNITY DEVELOPMENT)

Type of Organisation: Public

Services Offered:

- Mediation – Civil conflicts (e.g. neighbourhood, landlord/ tenant, merchant/ consumer) and Family conflicts (e.g. custody and maintenance, parenting issues, land issues)
- Individual and Family Counselling
- Co-parenting Counselling
- Parent Support Group Virtual Meetings
- Men Support Group Virtual Meetings

Target Audience: Residents of Trinidad and Tobago

Region: National

Points of Contact and Addresses:

Ms. Soneni Squires
Intake Officer
Tunapuna Mediation Sub Centre
Social Services Building
1st Floor, 107 Tunapuna Main Road
Tunapuna
1 (868) 497-6086
Soneni.squires@community.gov.tt

Ms. Karen Mathura
Mediating Assistant
Central Main Mediation Centre
282 Old Southern Main Road,
Warrenville,
Cunupia
1 (868) 693-2771
Karen.mathura@community.gov.tt

Social Media Handles:

- Facebook: @sportcommdevtt

Services:	Yes	No	By appointment
Paid		✓	
Free	✓		
For Persons with Disabilities	✓		
Available in Spanish			✓
Sign Language			✓
Available Virtually	✓		
For Migrants/Refugees	✓		
For Children of Family Violence	✓		
For Sex Workers	✓		
For the LGBTQI Community	✓		

COUNSELLING MATTERS LTD

Type of Organisation: Private

Services Offered:

- Trauma and Crisis Intervention Services for Children, Adolescents and Families
- Psychoeducational Workshops & Training
- Child Development programmes

Target Audience: Women and men (working professionals); children and adolescents; children with dyslexia

Region: National

Point of Contact:

Ms. Aisha Perry
Counselling Psychologist and Dyslexia Tutor
The Professional Centre,
11-13 Fitzblackman Drive South,
Woodbrook, Port of Spain
1(868) 287-8545
counsellingmatterstt@gmail.com

Website: <https://counsellingmatterstt.business.site/>

Social Media Handles:

- Facebook: @counsellingmatterstt
- Instagram: @counsellingmatterstt
- Whatsapp: 1 (868) 287-8545

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

DOMESTIC VIOLENCE SURVIVORS REACHING OUT-DVSRO

Type of Organisation: NGO

Services Offered:

- Advocates for survivors of domestic violence and those in abusive relationships
- Community Outreach programmes
- Refer domestic violence victims to various programmes and available assistance

Target Audience: Adults and children experiencing abuse throughout Trinidad and Tobago.

Region: National

Point of Contact:

Ms. Nester Skeete

Founder/CEO

L/P #3 Agostini Settlement, Lime Head Road,

Chase Village, Carapichaima.

1 (868) 352-4734

dvsro.nestersurvived@gmail.com

Website: None

Social Media Handles:

- Facebook: The New Domestic Violence Survivors Reaching Out-DVSRO

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually		√
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

DOUGLAS AND ASSOCIATES LTD

Type of Organisation: Private

Services Offered:

- Adult Psychotherapy
- Adolescent/Child Psychotherapy
- Family Psychotherapy
- Marital/Couples Psychotherapy
- Group Psychotherapy
- Psychological Assessments
- Psychoeducational Evaluations

Target Audience: Children and adolescents from 6 years of age; Adults

Region: Tunapuna/Piarco

Point of Contact:

Ms. Krystal Clerfond
Client Care Manager
2 Marcano Street, St. Augustine
1 (868) 662-0155
info@douglasassociates.org

Website: <https://douglasassociates.org>

Social Media Handles:

- Facebook: @douglasassociates
- Instagram: @douglas_and_associates_ltd

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



GLOBAL NETWORK FOR THE ADVANCEMENT OF SINGLE MOTHERS

Type of Organisation: NGO

Services Offered:

- Referral services: counselling, emergency aid, job placement, literacy
- Provide food, clothing, and baby items for single mothers in need
- Peer Counselling
- Act as an information hub for laws and related services that could enhance the life of a single mother

Target Audience: Single Mothers and their children; survivors and victims of sexual abuse, domestic abuse and Intimate Partner Violence (IPV).

Region: National

Point of Contact:

Ms. Rachel O.S. Edmund
 President/Founder
 2 Cayenne Drive South Orchard Gardens, Chaguanas
 1 (868) 329-7639
rachelosedmund@gmail.com
 or singlemotherstt@gmail.com

Website: www.globalnetworkofsinglemothers.org

Social Media Handles:

- Facebook: @singlemothersassociationtt
 @keepinghopealivewf
- Instagram: @globalnetworkofsinglemothers

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

LAURA LALLA - COUNSELLING PSYCHOLOGIST

Type of Organisation: Private

Services Offered:

- Counselling for persons with personality, behavioural, anxiety and depressive disorders
- Group therapy for parents of children on the Autism Spectrum Disorders
- Therapy for LGBTQI community
- Coping Skills for life challenges
- Therapy for individuals who experienced or are experiencing trauma or C-PTSD or PTSD

Target Audience: Adolescents; youth; adults; parents

Region: Tunapuna/Piarco

Point of Contact:

Ms. Laura Lalla

Counselling Psychologist

Orange Grove, Trincity

1 (868) 474-2737

laura.s.lalla@gmail.com

Website: None

Social Media Handles: None

Service:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community	√	



MK PSYCHOLOGICAL AND CONSULTANCY SERVICES

Type of Organisation: Private

Services Offered:

- Psychoeducational Assessments
- Therapeutic Counselling
- Behaviour Interventions
- Crisis Intervention
- Trauma-Focused Cognitive Behaviour Therapy
- Brief Solution Focused Therapy and Training

Target Audience: Children; adolescents; adults

Region: Tobago

Point of Contact:

Ms. Marion Kent
 Certified School Psychologist
 #8 Todd Street, Pembroke Tobago
 1 (868) 485-7382
marionekent@gmail.com

Website: Under construction

Social Media Handles:

- Facebook: MK Psychological and Consultancy Services

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



NICHOLAS VOISIN COUNSELLING SERVICES

An exquisite opportunity for change.

NICHOLAS VOISIN COUNSELLING SERVICES

Type of Organisation: Private

Services Offered:

- Pre and Post Marital Counselling
- Trauma Counselling
- Counselling of abuse victims
- Self Esteem Counselling
- Self-Harm Counselling
- Conflict Resolution

Target Audience: Adults (individuals and couples)

Region: National

Point of Contact:

Mr. Nicholas A. Voisin FLMI, MBA, MS
 Counselling Psychologist/ Original Pain Therapist
 Woodbrook, Port of Spain
 1 (868) 780-0703
nicholasvoisin@hotmail.com

Website: None

Social Media Handles:

- Facebook: @navpsychologist

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence		√
For Sex Workers		√
For the LGBTQI Community		√



OFFICE OF THE PRIME MINISTER (GENDER AND CHILD AFFAIRS DIVISION)

Type of Organisation: Public

Services Offered:

- National Domestic Violence Hotline (NDVH) 800-SAVE
- Government Domestic Violence Shelter
- Programmes for men, women, boys, girls, communities etc.
- Gender Based Violence /Domestic Violence Awareness Programmes
- Be a Hero Campaign
- Break the Silence Campaign
- Child Abuse Awareness Campaign
- Child Rights Ambassadors

Target Audience: Men; women; boys; girls

Region: National

Point of Contact:

Ms. Antoinette Jack-Martin/Shelley-Ann Hart
Director/ Project Execution Officer
13-15 St. Clair Avenue, St. Clair, Newtown 190126
1 (868) 622-1625 ext 4260, 4263
antoinette.martin@gov.tt, shelley-ann.hart@gov.tt

Website: <http://opm-gca.gov.tt/>

Social Media Handles:

- Facebook: @genderandchildaffairs
- Instagram: @genderandchildaffairs
- Youtube: Office of the Prime Minister (Gender and Child Affairs)

<https://www.youtube.com/channel/UCY33ArelgFcFs5pDKSvs22g>

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



PEOPLE AGAINST DOMESTIC ABUSE - PADA

Type of Organisation: NGO

Services Offered:

- Counselling
- Court Support
- Conflict Resolution
- Family Mediation, Community Mediation
- Risk and vulnerability in children

Target Audience: Women and girls (all survivors of Domestic Violence)

Region: National

Point of Contact:

Ms. Kamane Soman
 President & Founder
 2AB Whim Crescent, Whim, Tobago and
 282A Plymouth Road Tobago
 1 (868) 785-2123
padatobago2016@gmail.com

Website: <http://Padatobago.weebly.com>

Social Media Handles:

- Facebook Page: Pada Ngo Tobago

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish	√	
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community	√	

POSITIVE INSIGHTS

Type of Organisation: Private

Services Offered:

- Trauma Counselling
- Counselling abuse victims
- Anger Counselling
- Relationship Challenges
- Self-esteem Counselling
- Self-injurious behavior Counselling

Target Audience: Children; adolescents; adults

Region: National

Point of Contact:

Ms. Deborah Lee Riviears,
Clinical Psychologist
Rodney Road, Endeavor, Chaguanas
1 (868) 757-9348
wellears@gmail.com

Website: None

Social Media Handles: None



RIO CLARO SPORTING AND LEISURE FOUNDATION

Type of Organisation: NGO

Services Offered:

- One on one counseling sessions
- Group Therapeutic Sessions
- Referrals to: Health services, the police, social services, legal services, housing services

Target Audience: Victims and survivors of Domestic Violence

Region: Rio Claro/Mayaro

Point of Contact:

Ms. Currline Cooper

President/Founder

111G Guayaguare Road, Rio Claro

1 (868) 276-6724

[sportingandleisure52@yahoo.com/](mailto:sportingandleisure52@yahoo.com)

currlinecooper52@yahoo.com

Website: None

Social Media Handles:

- Facebook: Rio Claro Sporting and Leisure Foundation
- Instagram: @r_c_s_l_f

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

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SHERRY ANN TURTON CHARTERED PSYCHOLOGIST

Type of Organisation: Private

Services Offered:

- Psychological Assessments
- Counselling
- Psychological First Aid
- Mentorship for all

Target Audience: Children; adolescents; working-age adults

Region: National

Point of Contact:

Ms. Sherry Ann Turton
Registered Clinical Psychologist
31B Ramsaran Street, San Fernando
1 (868) 267-0570
psychsaturton@gmail.com

Website: <http://www.iviey.com/practitioners/sherry-ann-turton>

Social Media Handles: None

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



SILVER LINING COUNSELLING SERVICES

Type of Organisation: Private

Services Offered:

- Individual Counselling
- Couples/Marriage Counselling
- Family Counselling
- Telehealth/Online Counselling

Target Audience: Individuals; couples; families; LGBTQIA+ in the areas of anxiety, depression, trauma/PTSD, and life transitions.

Region: National

Point of Contact:

Ms. Chanel De Freitas
 Level 2 Invaders Bay Tower, Port of Spain
 1 (868) 766-7183
info@silverliningcounsellingtt.com

Website: www.silverliningcounsellingtt.com

Social Media Handles:

- Facebook: Silver Lining Counselling TT
- Instagram: @silverliningcounsellingtt

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence		√
For Sex Workers		√
For the LGBTQI Community	√	



STUDENT SUPPORT SERVICES DIVISION (MINISTRY OF EDUCATION)

Type of Organisation: Public

Services Offered:

- Psycho-educational Assessments
- Guidance and Counselling Services
- School Social Work Services
- Special Education Services

Target Audience: Primary and Secondary Schools

Region: National

Point of Contact:

Ms. Mary A. Bastien

Coordinator, Guidance and Counselling

Education Towers,

#5 St. Vincent Street Port of Spain (Head Office)

1 (868) 622-2181 Ext. 1035 or 793-3576

mary.bastien@moe.gov.tt

Website: www.moe.gov.tt

Social Media Handles:

- Facebook: @MoeEduTT
- Instagram: @ministryofeducationtt
- Twitter: @MoEduTT

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language	√	
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



THE HEALING WITH HORSES FOUNDATION

Type of Organisation: NGO

Services Offered:

- Equine Nature Therapy
- Art Therapy
- Being with Horses Park Sessions
- School / Large group Sessions
- Retreats

Target Audience: Children and adults with special needs

Region: Tobago

Point of Contact:

Ms. Veronika Danzer

Director

#14 Galla Trace, Buccoo, Tobago

1 (868) 639-0953

support@healing-with-horses.org

Website: <http://www.healing-with-horses.org/>

Social Media Handles:

- Facebook: @healingwithhorsetobago
- Instagram: @healingwithhorses_tobago

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish	√	
Sign Language		√
Available Virtually		√
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√



THERAPEUTIC SPACES COUSSELLING AND PSCYCHOTHERAPY LTD.

Type of Organisation: Private

Services Offered:

- Individual Counselling and Psychotherapy
- Couples or marriage Counselling
- Bereavement Counselling
- Psychometric Evaluations
- Psycho-educational Assessments
- Firearm License Evaluations
- Tele-mental Health Services (online therapy)
- Psychoeducational Workshops to communities, NGOs

Target Audience: Youth (11-17 years); adults (17-75years); couples

Region: Tunapuna/Piarco

Point of Contact:

Dr. Krystal-Jane Verasammy
 Counselling Psychologist
 #40 Pasea Main Road, Tunapuna
 1 (868) 352-4233
therapeuticspaces2019@gmail.com or
kj.verasammy@gmail.com

Website: Under construction

Social Media Handles:

- Facebook: @TSCP2019
- Instagram: @therapeuticspacescounsellingtt

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	





VSG PSYCHOLOGICAL SERVICES

Type of Organisation: Private

Services Offered:

- Individual Psychotherapy
- Couple's Counselling
- Consultations
- Public Awareness Seminars

Target Audience: Persons 5 years +

Region: Tunapuna/Piarco

Point of Contact:

Ms. Victoria Siewnarine-Geelalsingh
 Karen Street, Five Rivers
 1 (868) 726-1812
vsiewnarine@gmail.com

Website: None

Social Media Handles:

- Facebook: @VSGclinicalpsychologist

Services:	Yes	No
Paid	√	
Free		√
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	

WENDY I. JEREMIE MEDIATION AND PSYCHOLOGICAL SERVICES

Type of Organisation: Private

Services Offered:

- Therapy
- Anger Management Counselling
- Couples Counselling
- Depression Counselling
- Self Esteem Counselling

Target Audience: Adults; adolescents

Region: Tunapuna/Piarco

Point of Contact

Ms. Wendy Jeremie

Clinical Psychologist

#5, Seventh Street, Mt. Lambert

1 (868) 787-0975

wendyisidorajeremie@yahoo.com

Website: None

Social Media Handles: None

Services:	Yes	No
Paid	√	
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers	√	
For the LGBTQI Community	√	



WOMEN OF SUBSTANCE

Type of Organisation: NGO

Services Offered:

- Counselling
- Temporary shelter/accommodation
- Support Groups
- Food and Clothing drives
- Domestic Violence information

Target Audience: Women and children affected by domestic violence

Region: Tobago

Point of Contact:

Ms. Onika Mars

President

#29 Birchwood Triangle Lowlands, Tobago

1 (868) 485-9534

womenofsubstancetobago@yahoo.com

Website: Under construction

Social Media Handles:

- Facebook: @womenofsubstancetobago

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities		√
Available in Spanish		√
Sign Language		√
Available Virtually	√	
For Migrants/Refugees	√	
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

OTHER ORGANISATIONS ACTIVE IN THIS CATEGORY:

For further information and details refer to the pages as indicated below.

- Coalition Against Domestic Violence - [Page 34](#)
- COMTALK International - [Page 35](#)
- Family Planning Association of Trinidad and Tobago (FPATT) - [Page 37](#)
- Living Water Community - [Page 39](#)
- Organisation for Abused and Battered Individuals - [Page 41](#)
- Rape Crisis Society - [Page 42](#)
- Rio Claro Police Community Council - [Page 28](#)
- Stand Together Women's Group - [Page 54](#)
- The Division of Health Wellness and Family Development (THA) - [Page 16](#)
- The Lily Foundation for Human Development - [Page 17](#)
- The Opening Lotus - [Page 45](#)
- WOMANTRA - [Page 47](#)
- Women's Institute for Alternative Development (WINAD) - [Page 48](#)
- Women Working for Social Progress (Working Women) - [Page 31](#)

Social Services





THE COMMUNITY HOPE

Type of Organisation: Private

Services Offered:

- Distribution of food items to low income households across Tobago
- Distribution of grocery items to women who have suffered any form of abuse
- Distribution of lunches monthly to anyone in need

Target Audience: Low-income families; women affected by any form of abuse

Region: Tobago

Point of Contact:

Ms. Rheanne Moore
 President
 No 5 Mission Road Charlotteville, Tobago and
 Crown Point Police Station, Milford Road,
 Crown Point, Tobago
 1 (868) 784 3900
rhannemoore18765@gmail.com

Website: None

Social Media Handles:

- Facebook: The Community Hope
- Instagram: @thecommunityhope

Services:	Yes	No
Paid		√
Free	√	
For Persons with Disabilities	√	
Available in Spanish		√
Sign Language		√
Available Virtually		√
For Migrants/Refugees		√
For Children of Family Violence	√	
For Sex Workers		√
For the LGBTQI Community		√

OTHER ORGANISATIONS ACTIVE IN THIS CATEGORY:

For further information and details refer to the pages as indicated below.

- Biche Village Council - [Page 52](#)
- Care Helpers Organisation of T&T - [Page 53](#)
- Caring for Adolescent Mothers and Disadvantaged Youths - [Page 14](#)
- Community Mediation Services Division - [Page 59](#)
- Domestic Violence Survivors Reaching Out - [Page 62](#)
- Global Network for the Advancement of Single Mothers - [Page 64](#)
- Greenvale Park Police Youth Club - [Page 20](#)
- Kernaham/Cascadoux Women's Group - [Page 38](#)
- Living Water Community - [Page 39](#)
- Office of the Prime Minister (Gender and Child Affairs) - [Page 68](#)
- People Against Domestic Abuse - [Page 69](#)
- Rio Claro Police Community Council - [Page 28](#)
- Rio Claro Sporting and Leisure Foundation - [Page 71](#)
- Student Support Services Division (Ministry of Education) - [Page 75](#)
- SWAHA Inc. - [Page 44](#)
- The Division of Health Wellness and Family Development (THA) - [Page 16](#)
- The Lily Foundation for Human Development - [Page 17](#)
- The Opening Lotus - [Page 45](#)
- Women of Substance - [Page 80](#)
- Women Working for Social Progress (Working Women) - [Page 31](#)

ADDITIONAL SOCIAL SERVICES

The following services are provided by the **Ministry of Social Development and Family Services**, the **Tobago House of Assembly (THA)** and **The National Entrepreneurship Development Company Limited (NEDCO)** respectively. More specific information can be obtained from their websites:

Ministry of Social Development and Family Services: <https://www.social.gov.tt/>

Tobago House of Assembly: <https://www.tha.gov.tt/>

NEDCO: <https://nedcottfunding.com/>

Programme Name	Phone	Websites
Sowing Empowerment through Entrepreneurial Development (SEED)	623-2608 ext. 1431, 1433, 1437	https://www.social.gov.tt/national-social-development-programme-nsdp-2/
Disability Assistance Grants for Children and Adults	623-2608 800-1673	https://www.social.gov.tt/disability-assistance-grant-minors/ https://www.social.gov.tt/disability-assistance-grant-adults/
Disability Assistance Grants (THA)	639-3395 ext 47200/ 47203	https://www.tha.gov.tt/programmes-initiatives/disability-assistance-grant/
Emergency Social Assistance Card Programme (THA)	639-4412 ext 52900/52901	https://www.tha.gov.tt/programmes-initiatives/emergency-social-assistance-card-programme/
Food Support Programme (Food Cards)	623-2608 800-1673	https://www.social.gov.tt/food-support-programme/
General Assistance Grants	623-2608 800-1673	https://www.social.gov.tt/general-assistance-grants/
Public Assistance Grant	623-2608 800-1673	https://www.social.gov.tt/public-assistance-grant/
Public Assistance Grant (THA)	639-3395 ext 47200/ 47203	https://www.tha.gov.tt/programmes-initiatives/public-assistance-grant/
National Family Services Division	623-2608 800-1673	https://www.social.gov.tt/national-family-services-division/
Entrepreneurial Relief Grant (NEDCO)	821-5800/5802	https://nedcottfunding.com/

Note: The information above was retrieved from the respective websites as at December 13th 2020.

GLOSSARY OF TERMS

Domestic Violence/Family Violence - Family violence includes physical, social, sexual, economic and psychological/emotional abuse and acts of aggression within relationships that are considered as family connections or akin to family.

Emotional or Psychological Abuse - A pattern of behaviour of any kind, the purpose of which is to undermine the emotional or mental well-being of a person including, persistent intimidation by the use of abusive or threatening language; stalking; depriving that person of the use of their property; the surveillance or besetting of the place where the person resides, works, carries on business or happens to be; interfering with or damaging the property of the person; forced confinement; persistent telephoning of the person at the person's place of residence or work; making unwelcome and repeated or intimidatory contact with a child or elderly relative of the person.

Financial Abuse - A pattern of behaviour of any kind, the purpose of which is to exercise coercive control over, or exploit or limit a person's access to financial resources so as to ensure financial dependence.

Gender Based Violence - Gender-based violence is violence directed against a person because of their gender. Both women and men experience gender-based violence but the majority of victims are women and girls. It includes acts that inflict physical, mental or sexual harm or suffering, threats of such acts, coercion and other deprivations of liberty.

Intimate Partner Violence - refers to behaviour by an intimate partner or ex-partner that causes physical, sexual or psychological harm, including physical aggression, sexual coercion, psychological abuse and controlling behaviours.

Physical Violence - An act or omission that causes physical injury or death.

Sexual Violence - Any sexual act, attempt to obtain a sexual act, or other act directed against a person's sexuality using coercion, by any person regardless of their relationship to the victim, in any setting. It includes rape, defined as the physically forced or otherwise coerced penetration of the vulva or anus with a penis, other body part or object.

Violence against Women and Girls - Any act of gender-based violence that results in, or is likely to result in, physical, sexual or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life.